UN Women is the United Nations entity dedicated to gender equality and the empowerment of women. A global champion for women and girls, UN Women was established to accelerate progress on meeting their needs worldwide.

UN Women supports UN Member States as they set global standards for achieving gender equality, and works with governments and civil society to design laws, policies, programmes and services needed to ensure that the standards are effectively implemented and truly benefit women and girls worldwide.

Less than a third of women in Kenya are considered empowered.

Women from high-income households are more empowered than those from low-income households:

- Women from high-income households who feel empowered: 53%
- Women from middle-income households who feel empowered: 24%
- Women from low-income households who feel empowered: 13%

Younger women show higher levels of empowerment.

- Women aged 15-19 are empowered: 30%
- Women aged 20-39 are empowered: 24%
- Women aged 40-49 are empowered: 29%

Women living in households headed by men are slightly more empowered than those living in households headed by women:

- Women living in households headed by men who feel empowered: 30%
- Women living in households headed by women who feel empowered: 28%